

# VA Requirements - 3Ms

The VA's "Aid and Attendance" benefit is for wartime veterans, or their surviving spouses, who meet certain medical and financial requirements.

## Military Service

**Minimum 90 days active duty, with at least one day during wartime, and an honorable discharge.**

### World War II:

December 7, 1941 - December 31, 1946

### Korean Conflict:

June 27, 1950 - January 31, 1955

### Vietnam War Era:

August 5, 1964 - May 7, 1975

Served in the Republic of Vietnam: November 1, 1955 to May 7, 1975 OR Served outside the Republic of Vietnam: August 5, 1964 to May 7, 1975

### Gulf War:

August 2, 1990 - until date to be determined

Gulf War veterans must have served active duty for 2 years, or the full period for which they were called for active duty.

## Medical Condition

**Medical condition which requires assistance with activities of daily living.**

(e.g. – help with bathing, dressing, grooming, using the toilet, meal preparation, moving about safely.)

## Monetary Restrictions

**A net worth (income & assets) at or less than \$163,700 (as of 12.1.2025)**

A primary residence and auto are not counted as part of net worth. Ongoing, unreimbursable medical and long-term care expenses may reduce income.

## For Surviving Spouses

Additional marital requirements apply.

## Enhanced caregiving with additional services.

Paired with in-home care, these services promote seniors' independence, safety and overall well-being, ensuring a secure and safe home environment.



## Your loved one benefits from using the VetAssist® Program.



**23+ Years Experience & 23,000+ Clients Served**

Since 2003, our team has simplified the VA application process, assisting clients with paperwork and document access at no out-of-pocket cost, ensuring accurate submissions on their behalf.



**Maximize the Benefit to Receive More Care**

We help our clients receive more from their benefit and qualify at a higher rate than if they complete the application on their own.



**Care Starts When They Need it Most → Now**

Clients need home care now, not in a few months when the VA reviews and approves their application. Veterans Home Care covers the cost of home care until the benefit is granted, allowing home care to start right away.



**Continuing Client Services**

Each client has a dedicated client services team member to help them maintain compliance and to coordinate their care services.



## Quality Home Care Services Include

Help with Bathing

Help with Dressing

Meal Preparation

Companionship

Light Housekeeping

Laundry

Personal Care

Respite Care

Transportation (where available)

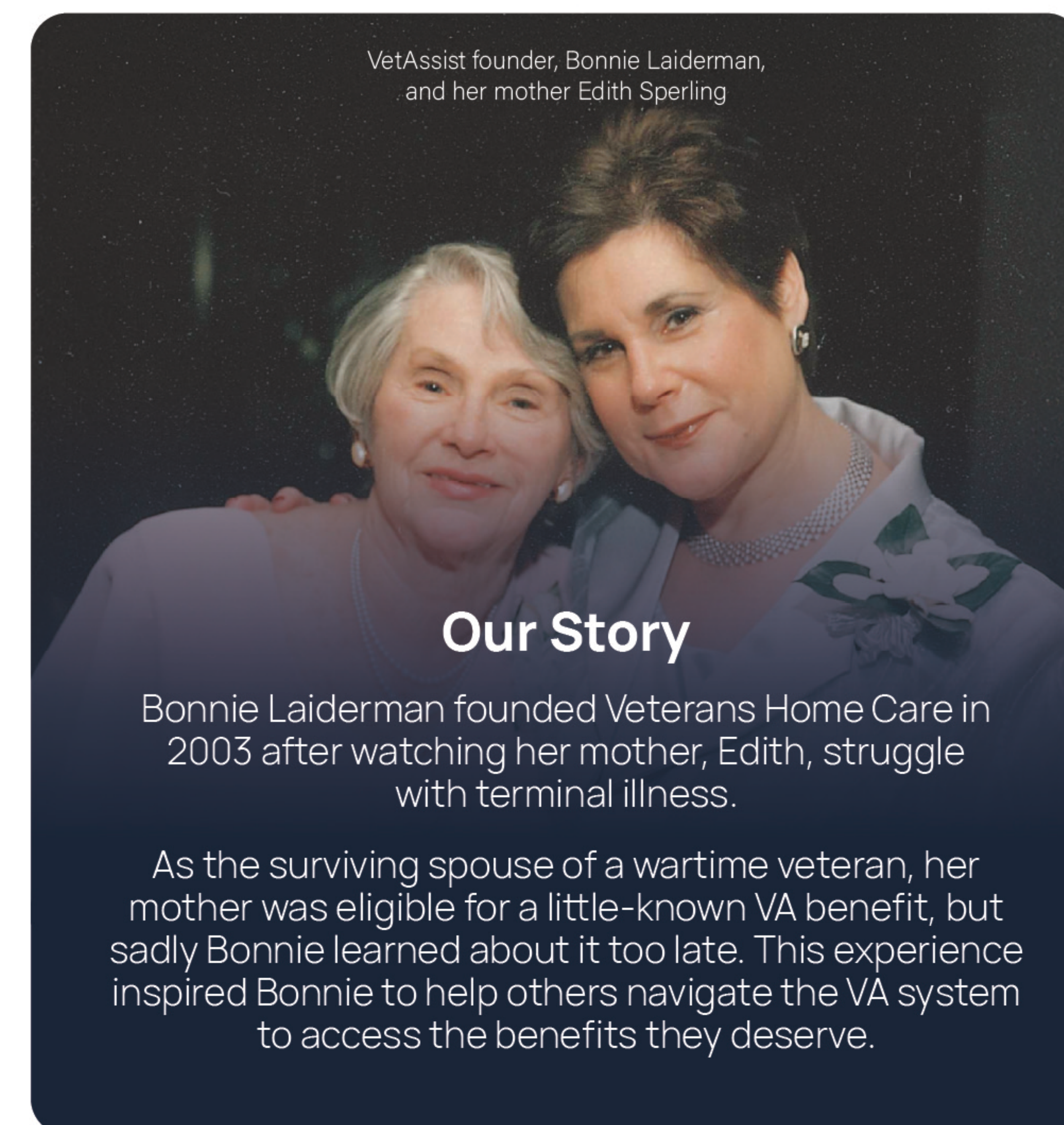
Medication Reminders

Transferring to and from Bed

### ADDITIONAL SERVICES:

Including help to access other community resources to improve your quality of life.

VetAssist founder, Bonnie Laiderman, and her mother Edith Sperling



## Our Story

Bonnie Laiderman founded Veterans Home Care in 2003 after watching her mother, Edith, struggle with terminal illness.

As the surviving spouse of a wartime veteran, her mother was eligible for a little-known VA benefit, but sadly Bonnie learned about it too late. This experience inspired Bonnie to help others navigate the VA system to access the benefits they deserve.

## Awards & Honors



MEMBERSHIPS:





If you qualify for our unique  
**VetAssist® Program**

We can get you the home care you need -  
NOW - while the U.S. Department of Veterans  
Affairs (VA) reviews your claim.



## Our Program Provides

- ✓ The knowledge we've gained since 2003 to help you accurately submit your application to the VA with expertise in obtaining military and other records required by the VA.
- ✓ An interest-free loan to pay for home care NOW, repaid with VA funds after benefit approval.
- ✓ Continuity of care to help you remain in your home.
- ✓ Quality home care from a contracted provider.
- ✓ Continuing client services both before and after VA entitlement.
- ✓ Due diligence in monitoring home care expenses to keep you in compliance with VA requirements.
- ✓ An additional technology option to help ensure independence, safety, and overall well-being.



## Contact Information



National Referral Number:  
**1-888-314-6075**



Email us  
**info@veteranshomecare.com**



Visit us  
**www.veteranshomecare.com**



National Headquarters:  
**11975 Westline Industrial Drive,  
St. Louis, MO 63146  
877-390-6377**

Or contact one of our participating  
home care providers



Veterans Home Care® and the Vetassist® Program are not part  
of any government agency and are not affiliated with the  
Department of Veterans Affairs



12/20/2025



**Helping Veterans and  
Surviving Spouses Receive  
In-Home Care with  
No Out-of-Pocket Costs.**



**Are you eligible for the  
Aid and Attendance benefit?**

**CHECK YOUR ELIGIBILITY**

[www.veteranshomecare.com](http://www.veteranshomecare.com)